

Save from Forbidden Deeds

Khalikov Nurullo Jurayeyach

2nd stage master of the International Islamic Academy of Uzbekistan, teacher of Khoja Bukhari secondary special

Annotation: The Messenger of Allaah's (peace and blessings of Allaah be upon him) traditions and sunnahs in performing the administration of natural requirements are explained. On the basis of evidence, it is claimed that some people unwittingly do acts that injure others, and that those who do so will suffer harm in this world and the next. The book "Al-Manhiyyat" by the great scholar Hakim Termezi discusses the dangers of administering natural needs while standing and the reasons why it is possible to provide natural needs while standing. Modern medical specialists have underlined the dangers of such work based on scientific experiments, according to reports.

Keywords: administration of natural needs, spiritual damage, grave torment, peace of mind, urinate, harm, verse, hadith, etiquette, culture.

Introduction. Allah has blessed in His word that He has made human beings honorable and superior to all things in the world: **"Indeed, We have revered the Children of Adam, raising them on land and water, providing them with good things, and preferring them to everything else We have created"**. Surah Isra, verse 70

When virtue is endowed with morality, kindness at the end, and human attributes, man becomes truly sacred and superior to all other beings. He will not be worthy of his designation as a human being if he is marked by attributes unworthy of a person. Allah, the Creator of the human race, knows whose actions are honorable and helpful to their bodies. Allah has chosen one of the human people to transmit to His servants the actions they must undertake through His angels. We human beings have acquired excellent acts through Allah's prophets and messengers, as well as their genuine sunnahs.

In verse 107 of Surat al-Anbiya, Allaah blessed the Messenger of Allaah (peace and blessings of Allaah be upon him) by saying, **"We did not send you except as a mercy to the worlds."**

The Messenger of Allaah (peace and blessings of Allaah be upon him) said in a hadeeth narrated from Abu Hurayra, **"I was sent to complete the virtues."**

(Narrated by Imam Bayhaqi).

One of the customs of the Messenger of Allaah (peace and blessings of Allaah be upon him) was that when the administration went out to do natural needs, the buildings would go far away, and the ravines would go into the valley to fulfill his needs; when he passed a stone or a tree, he would hear a voice saying, "Peace be upon you, O Messenger of Allah."

The purpose of quoting the above-mentioned habits of the Messenger of Allaah (peace and blessings of Allaah be upon him) is that now, when you travel somewhere as a group or with family children, you will see an involuntary person sometimes urging people of different ages to stop and stand, whether you like it or not, the people who travel with you will also witness this unpleasant situation and will try to ignore it all. However, kitchens for people on the road to eat when they are hungry; refueling stations where the distance between vehicles is not too long in

case of fuel depletion; there are mosques for them to perform their prayers when it is time to pray; all of which have modern toilets located a hundred or two hundred meters from the public road. It is not uncommon for some people to urinate while standing on the side of the road without being ashamed of the people passing by, whether it is because of laziness or because they have very little time.

Those who do what is not in accordance with the Sunnah of the Messenger of Allaah (peace and blessings of Allaah be upon him) are not foreigners, but the children of this country, whose ancestors once taught the whole world and which is the hearth of Islamic civilization.

We can see from the following information that there are a number of moral and spiritual harms in urinate while standing on the side of the road.

At-Termizi said in “Al-Manhiyyat” that the Messenger of Allaah (peace and blessings of Allaah be upon him) said: **He forbade the man to urinate while standing”**.

Umar ibn al-Khattab said, **"When the Prophet (peace and blessings of Allaah be upon him) saw me urinate while standing, he said, ' O 'Umar, do not urinate while standing.' After that, I will not stand up and urinate. "**

(Narrated by Imam at-Termizi)

If the urinate is split while standing, the spray drops are not prevented from reaching it.

The Messenger of Allaah (peace and blessings of Allaah be upon him) said: **Beware of urinate, for that is the torment of the grave.**

When Adam ate from a forbidden tree in Paradise, the enemy, Satan, found his way into him and settled in his stomach. That is why things that come out of the lower part of the body have become feces, and tears and sputum that come out of the upper part are clean.

With standing, the heart is not at peace because the veins are also constricted, and when the heart is not at rest, the veins are also upright. When a person sits down, the heart and veins calm down and find solace. Don't you know that when you sit down and urinate, you feel calm? As long as the heart is not at peace, it will not be able to urinate calmly. Holding it is also done by holding the heart. Sitting on both feet relaxes the heart and blood vessels, widens the urinary tract and makes it easier to exit.

When a person urinates while standing, his body and clothes cannot protect him from the splashing of feces.

When the Messenger of Allaah (peace and blessings of Allaah be upon him) urinate, he would find a suitable place for it, and when he sat down, he would sit as quietly as he did at other times.

The Messenger of Allaah (peace and blessings of Allaah be upon him) used to sit and urinate while standing. They did this for a number of reasons. Then it was narrated that those who considered it disgusting and hated it.

In our opinion, the reason they did this in some places was that it was better to urinate standing than sitting there. In some places, those who left it preferred to sit and urinate.

It is narrated on the authority of Huzayfah that the “Messenger of Allaah (peace and blessings of Allaah be upon him) came to a place where people were throwing rubbish and urinate in a standing position”.

In another narration, it is narrated that the “Messenger of Allaah (peace and blessings of Allaah be upon him) came to a place where people were throwing rubbish and urinate in a standing state”¹.

The Messenger of Allaah (peace and blessings of Allaah be upon him) used to urinate when he could not sit down and urinate. Because it is impossible to urinate sitting in a garbage can. It is narrated by Imam Bayhaqi that the “Messenger of Allaah (peace and blessings of Allaah be upon him) used to urinate while standing because of a wound on the inside of his knee. This means that it is not permissible to urinate standing while when it is possible to urinate sitting.

According to a report in the medical press, urination while standing can lead to urinary tract cancer. The fact is that when urinating while standing, the bladder does not completely empty the urine. Urinary incontinence can lead to cancer. When urinating while sitting, the bladder is completely emptied of urine.

Experts - urologist, sexologist Katerina Komarevtseva and urologist, surgeon Igor Pirojok told about the situation in which it is better to urinate.

Katerina Komarevtseva: “Research by Dutch scientists confirms that sitting and urinating are good for men. In this case, the pelvic floor muscles relax, respectively, urine flow improves and the bladder is better emptied. “When a man comes in with a complaint, he is sent for an ultrasound before and after urination to determine how much urine is left. It may not be left at all, or it may come out a liter. Sitting while sitting allows you to urinate completely,” added the urologist.

Igor Pirojok also confirmed the words of the expert: “I recommend my clients to urinate sitting down after the operation. They themselves say that this is much more convenient - the bladder is less painful in this case. Urinate while sitting has a better effect on the muscles that drive urine in men, improving the relaxation of the pelvic floor muscles. If a man urinates while sitting, the pressure in the bladder decreases and there is no return flow of urine - neither reflux nor an attack of pyelonephritis. This is why men with this problem are better off urinating while sitting. It may seem unusual, but from a medical point of view, it is absolutely justified. ”

The Messenger of Allaah (peace and blessings of Allaah be upon him) said: "He forbade a person from urinate public roads". While it is stated in the hadith that it is a public road, all of us have the right to walk on it, and we are all responsible for not leaving anything that hurts the people passing by.

It was narrated on the authority of Abu Hurayra that the Messenger of Allaah (peace and blessings of Allaah be upon him) said: **“Faith consists of seventy or sixty parts. The best thing is to say La ilaha illallah, and the best thing is to remove the things that hurt you from the path. Shyness is also a part of faith. ”**

From this hadith, we learn that we will not be safe from doing things that harm our faith, such as leaving something that hurts people and not being ashamed of them, by doing administration of natural needs around the road, on the public road where people pass.

The Messenger of Allaah (peace and blessings of Allaah be upon him) said: **“Whoever does the administration of natural needs on a public road, by the river or under a fruit tree, may he be cursed by Allaah, the angels and all human beings.”**

By making the administration of natural needs for the public good, man makes the curse of Allah, the angels, and all men obligatory upon him.

In conclusion, we are responsible not only for ourselves but also for future generations. By doing things that are not in accordance with the Sunnah, morals and human values of the Messenger of Allaah (peace and blessings of Allaah be upon him), do we not cause our future children to grow up imitating us in deeds that are shameless and subject to the curse of Allaah, angels and all human beings? If we give up our laziness and do not spare a little time, we will clean the toilets with all the conveniences, in a place where no one can see, without haste, in accordance with the sunnah, without obliging ourselves to the curse of the hadiths, and with the means of hygiene that meet the requirements of hygiene and we will continue on the path of peace of mind.

(Based on Al-Hakim at-Termizi's book “Al-Manhiyyat”)

References

1. Sahih Bukhari umurul iman chapter 9 hadith
2. Sunanu Bayhaqi al-kubro 20571-hadith
3. Near Nurul, Darul Ma'rifa Beirut-Libnan 2004, p.18.
4. Sunani Termizi Book of Purification Chapter 8.
5. Sunan Ibn Majah Book of Purification Chapter 26.
6. Social etiquette Sheikh Muhammad Sadiq Muhammad Yusuf Hilal Published 2012. Tashkent.
7. Manhiyot (forbidden deeds) school al-Qur'an Cairo 2002.
8. <http://old.muslim.uz/index.php/maqolalar/item/25495> - March 03, 2021